**Elders & caregivers can ‘Connect’ to LSS coaches via technology**

Lutheran Social Services of North Dakota provides trained specialists in Aging Life Care services across the state to help older adults and their caregivers get the coaching support they need. But in more isolated areas, access is still a challenge.

Now LSSND is rolling out its new Connect program to expand caregiving and aging services to our state’s most rural areas. The program provides training and support for older adults and their caregivers who have their own technology. Connect also has a limited number of easy-to-use tablets available to loan to families who do not have computer access.

The program is designed for older adults and/or their caregivers who are isolated or lonely and have limited supports. It works by linking them to a trained care specialist who can answer questions, provide resources, give coaching advice or simply offer a listening ear. For more information, contact Cheryl Coyle at (701)271-3251 or [cherylc@lssnd.org](mailto:cherylc@lssnd.org).